

Transition Thursday Exploring friendships.

Playgrounds in early learning and school settings can be overwhelming for children as they learn to play with others and including everyone in games. It's not unusual for children to find it challenging as they learn to share their space with others.

Supporting children to navigate differences will go a long way to supporting your child to build resilience and confidence within these scenarios.

Play with others at public playgrounds. Practice inviting others to join in play. Reassure them when others say no.

Benefits for your child

- Enhanced communication skills in unfamiliar settings.
- Growing self-confidence to approach new groups of children within play settings.
- Enhanced knowledge of social situations and social contexts.
- Strengthening gross motor, balance and coordination skills.

Local playgrounds can be found on the Moorabool website searching for “local playgrounds”.

