

Transition Thursday - Packing & carrying their bag.



The holidays are a perfect time to support children in building their independence, confidence, and ability to pack and get to know the contents of their bags.

Practice using the zips and buckles in play.

Use their bag as a part of your home lunch routine.

By practicing to pack and carry their own bag they are building the skills to:

- Build independence and confidence.
- Become aware of what is in their bag.
- Strengthen and develop their fine motor control.
- Enhance their handeye coordination.
- Build upon their core strength and balance.

